

DECEMBER 2017 EVENTS

9-10 *Catholic Community Services Appeal for the Poor*, second collection

16

Simbang Gabi (Filipino traditional dawn Mass to celebrate start of Advent), 10:30am, main church

Last day, Stewardship of Treasure pledges to be submitted



11-14

Parish Advent Retreat, "Walking With Our Mother Mary: From Addictions to Health, From Brokenness to Being Healed," main church, details on back page



THRU 1/7/18

YAM Advent, Christmas Preparation Programs, Contact Matt at (636) 734-3264 or Nick at (206) 734-0957, or yams@sacredheartseattle.com.



17

Last day, Advent, Christmas flowers offering envelopes

Last day to bring in gifts for Giving Tree recipients



20

Volunteers needed for Church cleaning, after 12:10pm Mass

21

Christmas Decorating, 6:30pm

23

Christmas Caroling at Sacred Heart, after 5:30pm Mass. Starts at church, then caroling in the local area, then back to Sacred Heart for some hot chocolate!



22-26

1/2/18

Parish office closed, observance of Christmas and New Year's



MASS SCHEDULE

7

Solemnity of the Immaculate Conception of the Blessed Mother, Vigil, 7:00pm

8

Holy Day of Obligation, Solemnity of the Immaculate Conception of the Blessed Mother, 8:00am, 12:10pm, 7:00pm

24

Christmas Eve, 7:00pm

25

Christmas Day, 9:00am, 11:00am

31

The Holy Family/New Year's Eve, 5:30pm

1/1/18

Mary, Mother of God, New Year's Day, 9:00am, 11:00am



PARISH ADVENT RETREAT, DEC. 11-14

A Message from Fr. Denis Ryan, C.Ss.R.

Dear Parishioners and Friends of Sacred Heart,

Before our Retreat on December 11-14, I wanted to share a little about my background.

In February 1989, the company I worked for saw something in me that I did not see myself. They believed that I was an active alcoholic, so they intervened and got me into a twelve-step program of recovery.

I remember walking through the door of my intervention. I was thinking, "I'm never going to drink again." And I was right! As long as I maintained a sober life, there was no jeopardy placed on my job.

I hated it! I thought I knew more about my life than all of these others that I was in the program with. And because I had a college degree, I could invent a better program than Bill Wilson's program. I struggled with my early sobriety, but then things began to happen and my life began to change. Not because I wanted it to, but because it was just happening that way. I followed Bill Wilson's plan of life without drinking and that made life's journey somewhat easier.

The program is valid and if it is followed as a life style, it gives credence to a better way. My life was filled with my drinking friends who were happy for my sobriety because they now had a designated driver. They did not close the door on our friendship but cared for me and made sure my recovery was part of their lives. They never eliminated me from the ranks of their friendship, but as friends they cared for me.

What we are trying to do is meld together lives that are filled with a repetitive nature of a life that is morally objectionable and a program that will hopefully put you on a journey of freedom from that morass. Wilson's twelve steps have been converted to many other ways of life to help people come together to change the way they think and feel. The program asks those afflicted to change their ways and live a life with the freedom to pursue a stronger bond with God, our Father.

We should come to these conclusions and we shall hopefully find peace:

- A) That we are broken and found it difficult to manage our own lives.
- B) That probably no human power could have altered our brokenness.
- C) That God could and would if he were sought.

We are hoping to offer you relationships far beyond your present lives. Filled with new characteristics that will alter your way of thinking and acting, a way of life full of friendships and understanding leading to the untangling of the unwholesome intricate way of your brokenness. We are seeking freedom and independence.

In Christ,

Fr. Denis

*You are invited to our Advent Retreat in preparation for the birthday of Jesus Christ.
This retreat is based on the 12 steps of Alcoholic Anonymous.*

**"Walking With Our Mother Mary: From Addictions to Health,
From Brokenness to Being Healed"**

*Each day starts at 7:00pm, and lasts between 1 to 1 - 1/4 hours, which includes
communal prayer, presentation, reflection, and suggested steps for healing.*

STEPS 1 -3

Monday, 12/11

Praying the Rosary

STEPS 7 - 9

Wednesday, 12/13

*Adoration of the Eucharist and
Sacrament of Reconciliation*

STEPS 4 -6

Tuesday, 12/12

*Novena to Our Mother of
Perpetual Help*

STEPS 10 - 12

Thursday, 12/14

Mass of Healing